


First Contact Physiotherapists



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What is a First Contact Physiotherapist?

- Also called “FCP” or “MSK (musculoskeletal) FCP”
- Physiotherapists by background
- Working in GP surgeries
- Seeing patients with bone, joint or muscle problems *without* the need for a GP referral first
- 20 minute appointments to assess you, and start a management plan with you

• (They don't then provide a course of



Benefits



- Best-suited person to see you, first time
- More time than a GP, likely to have a shorter wait too
- If needed, the FCP will still have access to all the things a GP does:
 - ordering tests
 - referring you to the hospital or physiotherapy service
 - prescriptions for painkillers
 - certificates for time off work



9 6

% would recommend this service to friends or family



Project So Far

- National scheme with very positive feedback from areas of early adoption
- 2 FCPs in North Islington



Thank you

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