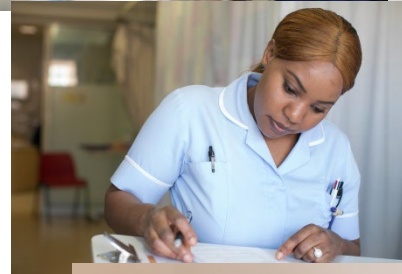




Community Physiotherapy - Islington

**Nadine Jeal – Clinical Director
Adult Community Services and
MSK Advance Practice
Physiotherapist**



I · C A R E



INNOVATION COMPASSIONATE ACCOUNTABLE RESILIENT EXCELLENT



Community Physiotherapy



Whittington Health
NHS Trust

**Supporting
Hospital
Discharge**

**Avoiding
hospital
admissions**

**Falls and
mobility**

**Adults mental
health and
learning
disabilities**

Stroke rehab

Parkinson's

Neuro rehab

MSK Physio

MSK CATS

**Pain
Management**

**MSK First
Contact
Practitioners
in GP practice**

(Musculoskeletal)

**Children's –
development
and Physical
disability**



Current Challenges

- Many of these services are still significantly challenged **as they have been redeployed to:** ITU, housebound and care home vaccine programmes, urgent work 3 times during covid –
- Longer waiting times – all dealing with more complex patients because been waiting, less medical care
- National Workforce Challenges – tired, overstretched staff, leaving NHS
- Dealing with much higher incidents of abuse, violence and aggression from patients



Information and Self help

NHS

Whittington Health
NHS Trust

- <https://www.whittington.nhs.uk/>
- www.Whittington.nhs.uk/msk – self help videos, leaflets, information
- Self Referral to MSK Physio only
- All other Physio services need GP referral as we need all clinical info

The screenshot shows the Whittington Health NHS Trust website. At the top right is the NHS logo and the text 'Whittington Health NHS Trust'. Below this is a navigation menu with links for Home, Patients & Visitors, Our Services, GPs, Education, Work With Us, About Us, News, and Contact Us. A search bar is located on the right side of the page. The main content area is titled 'Musculoskeletal Services' and features a large image of a physiotherapist assisting a patient on a green exercise ball. Below the image is the heading 'Pains in your muscles, bones or joints?' and a paragraph of introductory text. To the right of the text is a vertical list of blue buttons: 'Advice on managing your pain', 'Information for GPs and professionals', 'How To Refer', 'MSK Waiting Times', 'Service Information and GP MSK resources', 'Latest News', and 'Videos'. At the bottom of the page are three small image thumbnails with captions: 'MSK CATS', 'MSK Physiotherapy', and 'Orthopaedics'.



Thank you



@WhitHealth
@WhitHealthMSK
@W_H_Charity
@WhitResearch
@SMPWhitHealth



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